

| WEEK 3                               |  MONDAY               | TUESDAY                                                                                                                  | WEDNESDAY                                                                                                                     | THURSDAY                                                                                                        | FRIDAY                                                                                                               |
|--------------------------------------|--------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|
| Main dish                            | Margherita pizza with baked potato wedges                                                              | Pork sausage with creamy mash potato & gravy                                                                             | Roast Turkey with New Potatoes and gravy                                                                                      |  Chicken & tomato pasta bake | Crispy fish fingers with chunky chips                                                                                |
| Vegetarian Main dish                 |  Tomato & basil pasta |  Vegan sausage & mash potato with gravy |  Quorn™ fillet with roast potatoes & gravy |  Macaroni cheese             |  Quorn™ nuggets with chunky chips |
| Accompaniments                       | Seasonal vegetables<br>.....<br>Salad bar                                                              | Seasonal vegetables<br>.....<br>Salad bar                                                                                | Seasonal vegetables<br>.....<br>Salad bar                                                                                     | Seasonal vegetables<br>.....<br>Salad bar                                                                       | Seasonal vegetables<br>.....<br>Salad bar                                                                            |
| Desserts                             | Chocolate Crunch                                                                                       |  Flapjack                               | Chocolate Chip Cake                                                                                                           | Meringue Nests With Fruit                                                                                       | American Waffles                                                                                                     |
| Fresh fruit or yoghurt               | Fresh fruit or Yoghurt                                                                                 | Fresh fruit or Yoghurt                                                                                                   | Fresh fruit or Yoghurt                                                                                                        | Fresh fruit or Yoghurt                                                                                          | Fresh fruit or Yoghurt                                                                                               |
| Jacket potato and sandwich selection | Jacket potato and sandwich selection                                                                   | Jacket potato and sandwich selection                                                                                     | Jacket potato and sandwich selection                                                                                          | Jacket potato and sandwich selection                                                                            | Jacket potato and sandwich selection                                                                                 |

**WEEK COMMENCING: 21<sup>st</sup> SEPTEMBER, 12<sup>th</sup> OCTOBER, 9<sup>th</sup> NOVEMBER, 30<sup>th</sup> NOVEMBER, 21<sup>st</sup> DECEMBER**

