

Portway Junior School

Child-Friendly Child on Child Abuse Policy



Feeling safe and happy at school

At Portway Junior School, we want to make sure that you feel looked after, safe and happy when you are in and out of school. If something bad is happening, you need to tell us so we can help.

1

What is child-on-child abuse?

Child –on-child abuse is **physically or emotionally hurting** a friend, classmate or another child you may know by using behaviour that **scares** and **upsets** them.

2

Bullying

- **Emotional bullying** is hurting someone’s feelings, leaving them out or bossing them about.
- **Physical bullying** is punching, kicking, spitting, hitting or pushing someone.
- **Verbal bullying** is teasing someone, calling them names or using rude hand signs.
- **Racist** means bullying someone because of their skin colour, race or what they believe in.
- **Homophobic** means bullying someone because of their gender or sexuality.
- **Sexist** means bullying someone because they are a boy or a girl.
- **Cyber bullying** involves sending horrid messages over the internet or by text message.

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Sexting

Sexting is sending inappropriate pictures, videos or messages. Even if you are not the person who is sending them, it is **illegal** to have these kind of pictures or videos of a person if they are under 18 years old.



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Sexual harassment

Sometimes, people can **act sexually towards others** and it might make them feel **scared**, **embarrassed**, **uncomfortable** or **upset**. This can happen **online**, on social media, through messages and **face-to-face**. It could be saying rude things about someone’s appearance or clothes, rude names, rude jokes, touching, showing or posting rude pictures or videos or threatening.

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Relationships

Any relationship you have should be **good** and **happy**. You should feel **comfortable** and **safe** around that person, be **honest** with them, feel **listened**, **trust** them and feel as though you are **equal**. A bad relationship might make someone feel **scared**, **confused**, **worried** and even **unsafe**. Someone might **push** you, **hit** you or **destroy** your things, might **tell you what to do**, call you **names**, get **angry** at you, **pressure** you or **not take no for an answer**.



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How do I know if someone is being abused?

It might be hard for you to know if you are being abused and you might not really understand it is happening. It is important you can **recognise when behaviour isn't appropriate**. It's also important that you can notice when **someone else** might be being abused. Some signs might be **not going to school**, **having injuries**, **feeling sad or nervous**, **getting headaches or stomach aches**, **using alcohol/drugs** or **being abusive to someone else**.

7

What do I do if someone else is being abused?

You should **help** that person. If you can, and it is safe to do so, tell the person abusing you to **stop**. **Tell a grown-up** as soon as you've seen someone being abused or if you are worried. Grown-ups can **stop the abuse** and make that person feel happy again.

8

What do I do if I am being abused?

The first thing you should do is **tell someone you trust**. This could be a family member, a friend or **any adult in our school**. If you talk to a grown-up, we can **make the abuse stop**.



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Who can I talk to?

Speaking to someone like your mum, dad, carer or teacher will mean that we can make sure the **abuse stops** and doesn't happen again. At school, you can talk to **Miss Wilkinson**, **Mrs Iqbal**, **Mrs Abbott** or **Miss Barnett**, your class teacher, a teaching assistant or a midday supervisor.

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How can I help stop abuse from happening?

Being **kind**, **friendly** and **respectful** to others, thinking about people's **feelings** before we say or do something, **helping** others when they are in need and **talking to someone** when we are worried.

You should know that abuse is never OK and it is serious. It is not funny, or part of growing up. If you abuse someone, you will get into trouble.

